



Injections Informed Consent

Patient Name: _____ Date: _____

Injectable vitamins and amino acids help to maintain good health and have been shown to be beneficial in helping to: Reduce stress, fatigue, improve memory and cardiovascular health, and maintaining stable body weight. It can also assist the body in converting proteins, fats and carbohydrates into energy and is necessary for healthy skin and eyes.

Vitamin and amino acid injections are better absorbed by the body since they go directly into the blood stream.

Alternatives to injections are oral vitamins, vitamin patches, vitamin lozenges, and vitamin liquid drops.

Vitamin injections common side effects include but are not limited to:

1. Risks: I understand there is risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache and joint pain
2. If any of these side effects become severe or troublesome I will contact my physician immediately
3. I understand that although rare vitamin injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking vitamin injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of vitamin injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects include:
 - rapid heartbeat
 - chest pain
 - flushed face
 - muscle cramps and weakness
 - difficulty breathing and swallowing
 - dizziness
 - confusion
 - rapid weight gain
 - tight feelings in the chest

Injections Informed Consent *continued*:

- hives, skin rashes
 - shortness of breath when there is no physical exertion and unusual wheezing and coughing.
4. Before starting vitamin injections I will make sure to tell my physician if I am pregnant, lactating or have any of the following conditions.
- Leber's Disease
 - Kidney disease
 - Liver disease
 - An infection
 - Iron deficiency
 - Folic acid deficiency
 - Receiving any treatment that has an effect on bone marrow
 - Taking any medication that has an effect on bone marrow
 - An allergy to cobalt or any other medication, vitamin, dye, food or preservative
5. I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription and non-prescription medications may result in side effects when they interact with the vitamin injection.
6. Treatments: Can be once per month, once per week, or twice per week and will be determined by your provider.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent vitamin and amino acid injections with the above understood. I hereby release Genetix Health Institute, all its affiliates, the person injecting the vitamins/amino acids and the hosting facility/owner(s) from liability associated with this procedure(s).

Patient Signature: _____

Date: _____